

## **General Open Gym Guidelines**

1. All participants must check in at the front desk upon arrival to verify registration. Any in person registrations can be done so at the front desk.
2. All participants must have a waiver on file.
3. All participants must be 18 years or older.
4. Participants must wear appropriate attire. Gym shoes are the only form of footwear that is permitted. Shirts must be worn at all times.
5. Dunking or touching the rim of any sort is not permitted.
6. Offensive and disrupted behavior will not be tolerated.
7. Fighting will not be tolerated.
8. No food or gum allowed on the courts.
9. Holding practices during open gym times is not permitted. Court rentals are available.
10. Participants should notify the staff member on site if there are any equipment malfunctions, serious injuries, or any concerns.

If you violate any of these guidelines, the following discipline will occur.

- First offense - participant will receive a verbal warning
- Second offense - privileges may be revoked